

Therapeutics Today

A publication by the National Medicines Information Centre (NMIC)

November 2025



[Guidance and Advice](#) | [HSE Antibiotic Prescribing](#) | [Medication Safety](#) | [Signposting](#)

November 2025 | Issue 10

Welcome to the November edition of Therapeutics Today.

This issue will highlight information, including guidance and advice, recently published by various organisations.

Readers are also reminded of our recent NMIC bulletin '[An update on valproate](#)' which is available along with previous editions of our bulletins via our website [www.nmic.ie](#).

We welcome any feedback or comments which can be provided using the feedback button below or by emailing the NMIC directly at [nmic@stjames.ie](#).

Guidance and Advice



UK Specialist Pharmacy Service (SPS)

The SPS are a team of pharmacy professionals and support staff commissioned by NHS England to provide advice and guidance on Medicines Optimisation. Recent publications that may be of interest include:

[Vancomycin: informing intrathecal risk assessment](#) - last updated 1st October 2025

[Colistimethate sodium: informing intrathecal risk assessment](#) – published 2nd October 2025

[Using mesalazine tablets appropriately](#) - last updated 17th October 2025

[Understanding when a check adds value to medication processes](#) - last updated 24th October 2025

[Considerations and interactions with GLP-1 receptor agonists](#) - last updated 6th November 2025

[Learn more](#)



National Institute for Health and Care Excellence (NICE)

Evidence-based recommendations for the NHS and wider health and social care sector, developed by independent committees, including professionals and lay members, and consulted on by stakeholders. The following recently published or updated guidance may be of interest:

[Rehabilitation for chronic neurological disorders including acquired brain injury](#) [NG252] - published 15th October 2025

[Learn more](#)



British Menopause Society (BMS)

The British Menopause Society (BMS) is the specialist authority for menopause and post reproductive health in the UK. Established in 1989, the BMS educates, informs and guides healthcare professionals, working in both primary and secondary care, on menopause and all aspects of post reproductive health.

The Women's Health Concern (the patient arm of the BMS) recently published the following new fact sheet:

♦ Women's Health concern (WHC) Fact Sheet on the topic of [Understanding and managing sleep problems during menopause](#) - updated 20th October 2025

Of interest, the [WHC 35th Annual Symposium on women's health](#) will be taking place on Thursday 27th November 2025 in London and is open to all health professionals and anyone allied to the health profession with an interest in women's health. The symposium will also be offered as an on-demand package of lectures this year. Access will be available from the 8th Dec 2025 - 8th Feb 2026. Further information can be found [here](#).

[Learn more](#)



College of Sexual and Reproductive Healthcare (CoSRH)

Previously known as the Faculty of Sexual and Reproductive Healthcare (FSRH), the CoSRH in the UK is a multi-disciplinary professional membership organisation that provides evidence-based clinical guidance and standards, and offers training and lifelong education in the areas of sexual and reproductive healthcare.

The CoSRH are concerned about recent reports in the [news](#) that some women have experienced excessive pain during intrauterine device (IUD) fittings. Practitioners are reminded to follow CoSRH guidance ensuring that analgesia is offered and that women can ask questions, request a pause, or to stop the procedure at any point.

The current clinical guideline on Intrauterine Contraception (amended January 2025) is available [here](#).

[Learn more](#)



British Dietetic Association (BDA)

Founded in 1936, the British Dietetic Association (BDA) is a UK professional body that represents professional, educational, public and workplace interests of their dietetic workforce members. A recent publication that may be of interest includes:

British Dietetic Association [Guidelines for the Dietary Management of Chronic Constipation in Adults](#) - published 13th October 2025

[Learn more](#)



American Gastroenterological Association (AGA)

The AGA represents members from around the globe who are involved in all aspects of the science, practice, and advancement of gastroenterology.

The AGA has recently published the following (US) guideline which contains conditional recommendations for the use of metoclopramide and erythromycin in patients with gastroparesis, and against the use of domperidone, prucalopride, aprepitant, nortriptyline, buspirone, and cannabidiol as first-line therapies.

AGA [Clinical Practice Guideline on Management of Gastroparesis](#) – published October 2025

[Learn more](#)

HSE Antibiotic Prescribing



As readers are aware, the HSE antibiotic prescribing [website](#) is a very useful evidence-based antimicrobial information resource. Current updates to antibiotic prescribing include:

♦ Respiratory tract infections - October 2025

Updated [Respiratory infection information leaflet \(including self-care and safety-netting advice\)](#) for GP consultations with patients presenting with respiratory infections.

For previous updates, readers can consult the [What's New?](#) section.

[Learn more](#)

Medication Safety



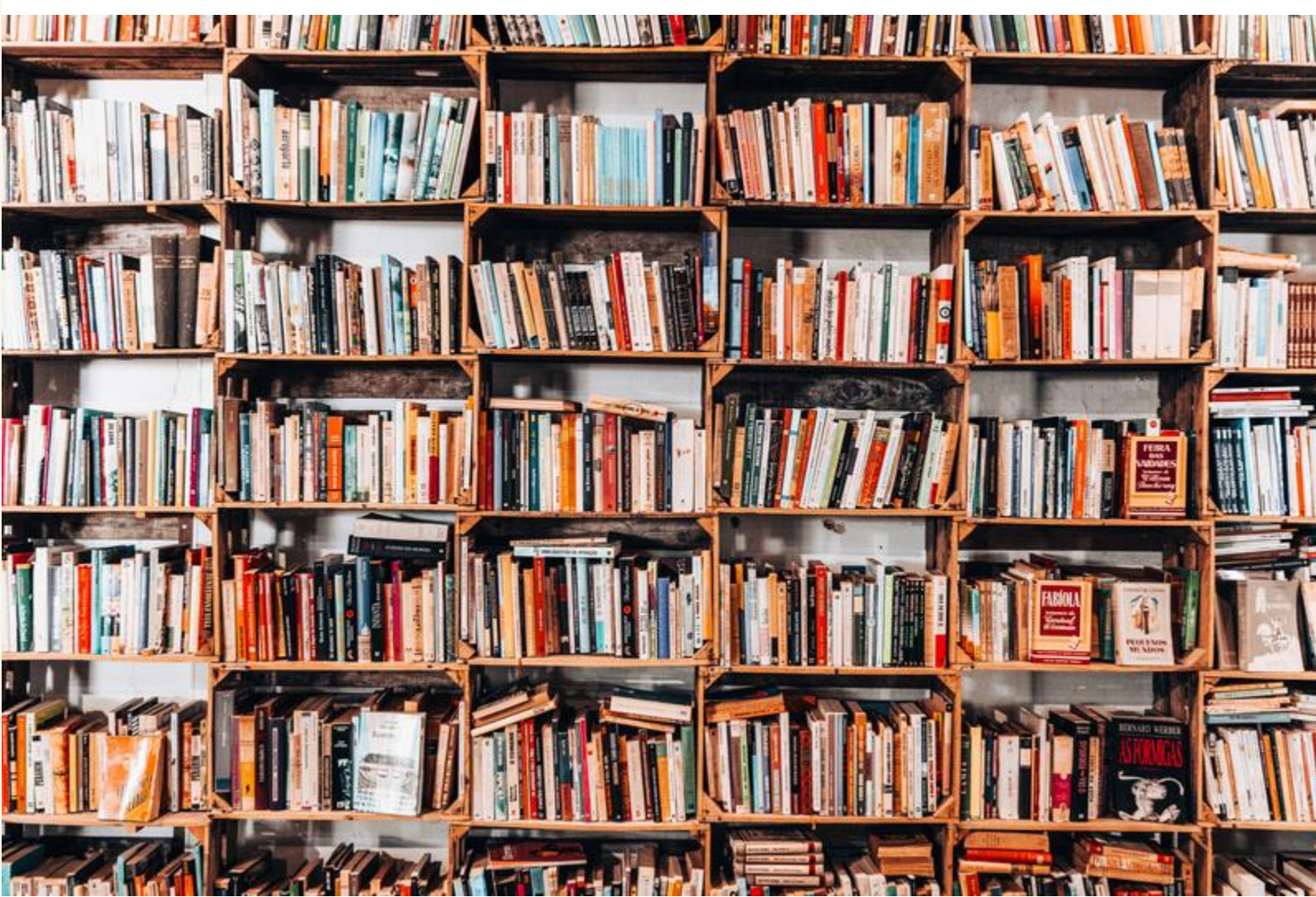
Irish Medication Safety Network (IMSN)

Established in 2007, the IMSN is a voluntary, independent group of hospital pharmacists with the principal aim of improving patient safety with regard to the use of medicines.

A reminder that the [IMSN Conference 2025: All Grown Up – 18 Years of the IMSN](#) is taking place in IMMA, Royal Hospital Kilmainham, on Friday 21st November.

[Learn more](#)

Signposting



Recently published articles that may be of interest can be found below:

Webb CM and Collins P. [Stable angina in young women](#). *European Heart Journal*. 2025 Oct 7;ehaf728.

Costa E, et al. [Thirty Years of Hydroxyurea for Sickle Cell Anemia—Scientific Progress, Global Health Gaps](#). *New England Journal of Medicine*. 2025 Oct 18;393:1556-1559.

Jones CM, et al. Management of non-specific low back pain without drugs. *BMJ*. 2025 Oct;391:e086052. (Accessible by HSE staff on [HSE Library Ireland](#)).

Mew R, and Neal RD. [Diagnosis and management of cancer recurrence: a clinical update for GPs](#). *British Journal of General Practice*. 2025 May 1;75(754): 231-233.

Hoover K, and Riley K. The American College of Obstetricians and Gynaecologists (ACOG) clinical consensus statement No 9: [Pain Management for In-Office Uterine and Cervical Procedures](#). *Obstetrics & Gynecology* 2025 July 146(1):161-177.

Gibbons SM, et al. [Optimising testosterone therapy in patients with hypoactive sexual desire disorder](#). *British Journal of General Practice*. 2025 April 1;75(753):189-190.

Horner D, et al. Head injury in older people taking anticoagulants. *BMJ*. 2025 Jun 16;389:e080736. (Accessible by HSE staff on [HSE Library Ireland](#)).

What do you think of *Therapeutics Today*?
Please share any suggestions/comments that you might have!

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